



Riverside Meadows Home of the Roadrunners Athletic Guidelines/Contract

Commitment: Student Athletes will be committed to school work, practice and games as part of a daily schedule. Being part of a team means there are individuals that rely on all team members. Obviously family commitments arise but these student athletes need to understand that with commitment sometimes there has to sacrifice. Being part of a team means there are individuals and coaches that depend on your commitment.

Attitude/Sportsmanship: Student Athletes are expected to behave in a very honorable, respectful, and appropriate manner both in the classroom and while in competition. Whether this is at their own school site or while visiting another school. Failure to act appropriately will result in suspension and or expulsion from the team. **You are representing Riverside Meadows.**

Expectations: Student Athletes are expected to perform at or above the standards of their school site both academically, behaviorally, and athletically. They are expected to communicate with teachers, coaches, and their parents **BEFORE** something has to be missed. This athletic program is trying to promote responsible citizens in all aspects. Unexcused absences and or quitting are not something we as a district promote. With the help of staff, students, parents, and coaches we can build this athletic program to be as good as any district around.

Games and Practice: All athletes are expected to be at practices and games. It is important for practice to be successful that all members of the team are at each scheduled practice and game. Athletes will need to be picked up directly after practice and games (within 15 minutes of end time). Failure to do so will result in dismissal from the team.

Transportation: Due to the cost of transportation, Plumas Lake School District will not be able to provide transportation to athletic events. Parents will need to provide transportation for their athlete. Your athlete may ride with other parents **only if that parent has completed the proper paper work with the District.**

No Activities List

A No-Activities list is kept at Riverside Meadows to reinforce our expectations that all students behave responsibly. To participate in Athletics (and other school sponsored activities), a student must:

- ✓ Maintain a 2.0 GPA with no F's.
- ✓ Maintain satisfactory citizenship with no U's in Citizenship.
- ✓ Meet behavior eligibility criteria
 - No un-served detentions
 - Is not assigned Friday Night School during the week of the event.
 - Has not served a home suspension during the week of the event
 - Has not served two or more home suspension during the trimester of the sport
- ✓ Not have any overdue library materials or fines

In order to participate in after-school sports, a student must:

- I. Have a signed "Athletic Guidelines Contract" on file for the current school year.
- II. May not be on the **No-Activities List**.
- III. Provide their own transportation to and from athletic events. Any student leaving school with someone other than their parent, to attend a game must have proper paper work filled out with the district.

Sincerely,

Ms. Tina Lyons

Tina Lyons

Athletic Programs Director

Riverside Meadows

(530) 743-1271 ext. 222



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I have read and understand the conditions of the Athletic Guidelines/Contract.

Failure to comply can result in suspension and removal from the team based on the coach(s) decision.

Print Student Name: _____

Parent Signature _____

Student/Athlete Signature _____