

Plumas Lake Elementary School District

Extracurricular and Co-curricular Activities Code of Conduct

Students who participate in the district's Extracurricular and Co-curricular activities are representatives of the school and the District; therefore, they are expected to model positive behaviors. Participation in these activities is a privilege, conditioned upon meeting the eligibility criteria established by the Board, administration, and individual activity coaches and advisors. Each student participant and his parent/guardian are required to read and agree to the district's Code of Conduct before participation in Extracurricular and Co-curricular activities.

The Board's policy and the Code of Conduct cover the following activities:

Athletics, band, instrumental and vocal music performances, drama productions, speech contests, all honorary and elected offices (e.g. class officer, student government officer or representative), state contests or any other activity where the student represents the Plumas Lake Elementary School District in a defined competition/contest.

Expectations

Students will:

- Demonstrate cooperative attitudes and participate to personal capacity
- Demonstrate high standards of ethics and sportsmanship
- Strive to maintain academic excellence and participation
- Be on campus at an approved time and are not permitted to leave the school grounds until practice is over
- Be expected to be under supervision of their coach at all practices and games
- Be expected to attend all practices and games. Prior notification should be given to the coach when an athlete knows of an upcoming event or absence

Eligibility for Participation

To be eligible for participation, students must meet district academic and attendance requirements as well as student conduct expectations.

Academic

Student must adhere to district academic eligibility policies as outlined below. Failure to meet academic standards results in ineligibility until the re-establishment of academic eligibility.

Attendance

In order to participate in co-curricular activities, the student must be in attendance at school, meeting the requirements of minimum day, as defined by Education Code, on the day of the activity.

Student Conduct

To maintain eligibility for participation in Plumas Lake Elementary School District extracurricular activities, students must conduct themselves as good citizens both in and out of school at all times. Students who represent the school in an activity are expected to serve as good role models to other students and to members of the community.

Loss of eligibility, due to poor student conduct, takes place when one or more of the following conditions occur:

- Engaged in **any** school suspendable offenses(violations of Education Code 48900 et.al and Board Policy 5144.1)
- Involvement in cheating
- Engagement in disrespectful conduct including profanity, obscene gestures, offensive remarks of a sexual or slanderous nature, trash-talking, taunting, excessive boastful celebrations, or other actions that demean individuals, the activity or the school community
- Demonstration of poor sportsmanship and/or retaliation against teammates, coach, staff, parents, members of other teams (including coaches)
- Use of any illegal substances including alcohol, tobacco and drugs
- Engagement in any school suspendable offense or criminal behavior.

Ineligibility

Any student who fails to meet Student Conduct expectations during the period of the school year in which he/she participates in a school-sponsored activity is subject to a loss of eligibility. The loss of eligibility includes but is not limited to :

- One-week suspension from competition/participation in all school sponsored activities from the date of suspension.
- Required administrative/coach-Athletic Director/parent/student conference.
- Law enforcement contact if appropriate
- Additional sanctions will be imposed for subsequent violations of district disciplinary rules including possible removal from the sport/activity for the remainder of the year.
- An ineligible student shall attend all practices or rehearsals but will not "suit up" or perform/participate."

Coach/Athletic Director/Administration Sanctions

The Administration, coach and/or Athletic Director have the right and the power to impose other additional penalties or consequences separate and apart from the penalties listed above, in response to serious violations of the School District's policies, team/activity rules and/or community laws. Examples of additional sanctions for ineligibility are but not limited to:

- While performing in an activity the student violates Education Code 48900 and/or BP5144, the coach/Athletic Director may remove the student from the team; the reasoning supporting the coach's/Athletic Director's decision is: the student's action is detrimental to the reputation of the team and or to the need to maintain a harmonious environment for the other team members.
- While on a team sponsored activity away from school, the student violates team/district rule for the trip, the student may be removed from the team: The coach/Athletic Director views the action as detrimental to the team.

Additional Guidelines

The school's interest and intent is to expect and support positive student behavior at all times and to discourage or deter illegal, immoral, unhealthy, or highly inappropriate behavior. Serious violations of school rules or community laws that occur during the time a student is enrolled in the Plumas Lake Elementary School may result in the student's ineligibility for participation.

Appeals

Student or the student's parent(s) or legal guardian may appeal the decision on eligibility by notifying the Principal in writing within 72 hours. By the conclusion of the third school day after an appeal has been filed, the Principal will issue a decision on the appeal of the alleged violation the Code of Conduct. The student will not be allowed to participate in any contest during the appeal process.

Academic Eligibility Requirements:

To be eligible to participate in extracurricular and co-curricular activities, students must demonstrate satisfactory educational progress in the current and/or previous grading period including but not limited to:

1. Be on target for promotion. To be considered on target a student must be passing all classes each semester.
2. Maintain a minimum of a "C" (2.0) GPA with no "F's" at the end of each grading period (progress report grades and/or semester grades)
3. Eligibility for students in the fall may be determined by the end of the first grading period or progress report.

Athletic Eligibility Requirements:

1. Eligibility for transfer students must meet Riverside Meadows guidelines.
2. Eligibility will be determined based on grades from the most recent grading period (on the Monday following distribution of grades to students)

No Activity List:

A student may not participate in any activity when he/she is on the "No Activity List".

- I. A student may be placed on the "No Activity List" when he/she:
 - a. Fails to maintain a "C" (2.0) grade point average with no "F's".
 - b. Receives a "U" in Citizenship.
 - c. Has unserved detention.
 - d. Has home suspension during the week of the event.
 - e. Serves two or more home suspensions during the trimester of the sport.
 - f. Has overdue library materials or fines.

Games and Practices:

All athletes are expected to be at practices and games. It is important that all members of the team are at each scheduled practice and game. Athletes absent from school on the day of the game will not be allowed to play. Athletes will need to be picked up directly after practice and games (within 15 minutes of end time.) Failure to do so may result in dismissal from the team.

Plumas Lake Elementary School District

Athletic Participation

Student Name _____ Date of Birth: _____
Address: _____ Home Phone: _____
Sport: _____ Grade: _____

Transportation:

The parents/guardians of the above student hereby acknowledge and understand that Plumas Lake Elementary School District **does not** provide transportation to any school sponsored sporting activities. It is the responsibility of the parents to arrange transportation for their child. It is fully understood that Plumas Lake Elementary School District is in no way responsible, nor does the district assume liability for any injuries, property damage or wrongful death from a non-transportation vehicle or from participation in the activity itself.

Risk Warning:

It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity include, but are not limited to, serious neck and spinal injury which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints ligaments, muscles, tendons, and other aspects of the muscular-skeletal system, serious injury or impairment to other aspects of my body, general health and well-being, and death. It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life. I understand that Plumas Lake Elementary School District will not provide medical services, hospital services or accident services.

Medical Conditions:

List all known medical conditions that athletic staff should be aware of that may affect student's participation. _____

Emergency Information:

Home Phone: _____
Parent work phone: _____ Cell Phone: _____
Person to contact if parents/guardians cannot be reached Phone: _____
Name _____ Relationship: _____

Release Statement:

In case of injury and no parent or guardian can be contacted, the student may be sent to a hospital in an emergency vehicle at parents expense. In case of medical emergency, illness, or injury; the supervisor has my express permission to take my child to a doctor or medical facility to receive emergency treatment.

I have health or accident insurance for my son/daughter. I will promptly notify the school in the event insurance coverage no longer applies to my son/daughter.

Company name: _____ Group or Policy # _____

Authorization of Consent for Treatment to Minor

In the event of a serious emergency, and none of the emergency contact persons can be reached, I authorize school officials to call the doctor indicated or, if the situation demands, to transfer my child to the nearest hospital for the necessary emergency care. I consent to x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is rendered under the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act of the medical staff of a certified hospital, whether such diagnosis or treatment is rendered at the office of the physician or at the hospital. I understand that the school does not assume the responsibility for payment of a physician. If your family physician can't be reached, the school may choose a physician.

Name of Doctor _____ Phone _____

Hospital _____

****Parent/Guardian Signature** _____ **Date** _____

**Be informed that in the case of an emergency, 911 will be called.
The school does not assume responsibility for payment of 911 services.**

We have read and understand the Plumas Lake Elementary School District's Code of Conduct for student athletes.

ACTIVITY/SPORT

PRINT STUDENT NAME (LAST, FIRST)

****STUDENT SIGNATURE**

DATE

****PARENT/GUARDIAN SIGNATURE**

DATE